

Face

Beneficial 60- to 90-minute facial treatments are designed for individual skin care needs, including:

- *Analysis • Gentle steam with foam cleanser • Non-Irritating exfoliation • Massage • Mask • Soothing toner • Moisturizer &/or sunscreen*

BENEFITS

- Performance treatments correct various skintone conditions: dry, wrinkled, dehydrated, atonic (lacking tone), couperous (red veins), acne, oily
- Products permeate skin and enhance tone
- Cleanses and exfoliates
- Specific massage moves blood and lymph to assist in removing impurities
- Skin is toned and radiant
- Treatments increase collagen and stimulate cell renewal for firm, youthful looking skin

FACIAL TREATMENTS

Mini Facial 45

minimum time, maximum results

ADDITIONAL TREATMENTS AVAILABLE

Make-Up Application 35

Lip or Chin Wax *starting at* 10

Full Face Wax 20

Eye Brow Shaping *starting at* 12

Lash or Brow Tint 15 – 25

requires a patch test 24 hours prior to service

DETOXIFYING – DESTRESSING TREATMENT FOR MEN

Specifically created to answer the needs of a man's skin. Special blends of Black Pepper and Frankincense essential oils combined with a series of relaxing massages including the scalp, face, neck and shoulders ensure a deep sense of well being and relaxation. The skin is immediately bright, clean, soft and refreshed.

50 minutes \$70



EUROPEAN FACIAL WITH EXFOLIATION

Helps maintain a healthy complexion incorporating European methods. A melody of nature's best: grapefruit, aloe vera or honey extract cleanses the skin. A gentle exfoliation brings instant radiance to the skin. Thereafter, a customized ampoule, a relaxing facial massage and mask treatment, rejuvenates and illuminates the complexion.

60 minutes \$70

LIFT DEFENSE 2 DERMO RECONSTRUCTION INSTITUTE TREATMENT

This deeply relaxing five phase facial treatment corrects the structural causes of aging, and relaxes expression lines caused by repetitive contractions of facial muscles. Lines are diminished, wrinkles filled, firmness and density of the skin is increased, the facial contour is remodeled—revealing a new skin.

60 – 75 minutes \$95 – 110

HYDROPTIMALE ULTIMATE HYDRATION TREATMENT

Optimize your skin's natural moisture balance with a combination of hydrating blends and the activation of vital energy points that will leave the skin completely revitalized; a double layered mask lifts off to reveal a soft, supple skin. Sothys "signature massage" created for ultimate pampering ensures total relaxation.

60 – 75 minutes \$80 – 90

OXYLIANCE INSTITUTE TREATMENT

Oxygen is a vital necessity of life. This invigorating treatment features several patented ingredients that stimulate cellular breathing and energize the cellular activity, leaving the skin soft, glowing and refreshed. Immediately after the first treatment, your skin will be revitalized and you'll take home the radiance.

60 – 75 minutes \$90 – 100

ACTIVE CONTOUR EYE TREATMENT

Ophthalmology tested all-natural treatment to soothe and refresh the eyes. This calming, anti-aging and revitalizing treatment uses special blends of ginseng, cornflower and chamomile to reduce puffiness, diminish dark circles and create an overall feeling of relaxation. May be incorporated with any other facial service.

30 – 45 minutes \$40, as an add on \$30

Hands

Manicure 30

Spa Manicure 35

Paraffin Treatment 7

French Polish *with manicure* 7

Polish Change 10

Shape & Polish 20

Nail Repairs *starting at* 3

Artificial Nail Removal *with manicure* 45

Feet

Complete Pedicure 42

Spa Pedicure 45

Paraffin Dip *add* 7

Polish Change 10

Toe Wax 10

All natural nail and pedicure services include cuticle grooming, nail shaping, salt glow, massage and polish. Bring open-toed shoes to wear after your pedicure.

Body

Body Bronzing 75

creates a healthy glow without the harmful effects of the sun

Leg or Arm Bronzing 45

Herbal Wrap 70

19 different herbs to detoxify, tone, and lose inches

Aromatherapy Essential Oil Wrap 70

reduces cellulite and fluid retention

Arm Wax 20 – 35

Underarm Wax *starting at* 20

Bikini Wax *starting at* 30

1/2 Leg Wax *starting at* 45

Full Leg Wax *not including bikini* 60 – 75

